



# 8 Reasons for Nonadherence

1

## Fear

Patients may be frightened by potential side effects.

2

## Cost

Medication cost may lead patients to not fill their prescription or rationing what they have.

3

## Misunderstanding

Patient may not understand medication need, side effects, and/or time it takes to see results.

4

## Complex Regimen

When a patient takes several medications, the change of nonadherence increases.

5

## Lack of Symptoms

Patients who feel no changes when taking medicine may see no reason to continue.

6

## Mistrust

Medication cost may lead patients to not fill their prescription or rationing what they have.

7

## Worry

If dependence on medication is a concern, a patient is more likely to stop taking it.

8

## Depression

Patients who are depressed are less likely to take their medication.